



**BREAKTHROUGH**  
SPORTS PERFORMANCE  
STRONG. PURE. INTELLIGENT.

## PRICING LIST

Item #	Item Name/Description	Price
Item #1	Individual training session – Acheson	\$60.00/hr.
Item #2	Training session – 2 athletes – Acheson	\$70.00/hr.
Item #3	Training session – 3 athletes – Acheson	\$80.00/hr.
Item #4	Training session – 4 athletes – Acheson	\$90.00/hr.
Item #5	Athletic assessment	\$125.00
Item #6	Monthly calendar with workouts	\$125.00
Item #7	Speed sessions – Minimum 5 athletes	\$20.00/hr.
Item #8	Individual training session – Warburg	\$50.00/hr.
Item #9	Training session – 2 athletes – Warburg	\$60.00/hr.
Item #10	Training session – 3 athletes – Warburg	\$75.00/hr.

